Murillo Dório

2019 OARSI Colaborative Scholarship



I am from the University of São Paulo, Brazil and I spent 2 months at the Institute of Bone and Joint Research of the University of Sydney, Australia, under supervision of Prof. David Hunter and Dr. Leticia Deveza. There I worked on a project to identify barriers and enablers to implementation of the Osteoarthritis Chronic Care Program (OACCP), a management program for improving evidence-based OA care. The research team and I interviewed all the 16 musculoskeletal coordinators,

who were experienced physiotherapists, delivering the OACCP in the state of New South Wales through this cross-sectional mixed methods study. In a brief, we identified factors that they believe influence the successful and consistent implementation of OACCP. The scholarship award allowed me to know a well-established OA management program so that I am now able to implement a similar program in my country and this is in line with the aims of the OARSI Joint Effort Initiative. Certainly, I also acquired important skills for a researcher career and I was included in a large network for future research linking the two universities.

I strongly recommend all young investigators to try an international research experience to expand their skills in another culture and connect countries with the ultimate goal of improving OA care worldwide.





